

**Pancreatic  
Cancer  
UK**



**Pancreatic Cancer UK**



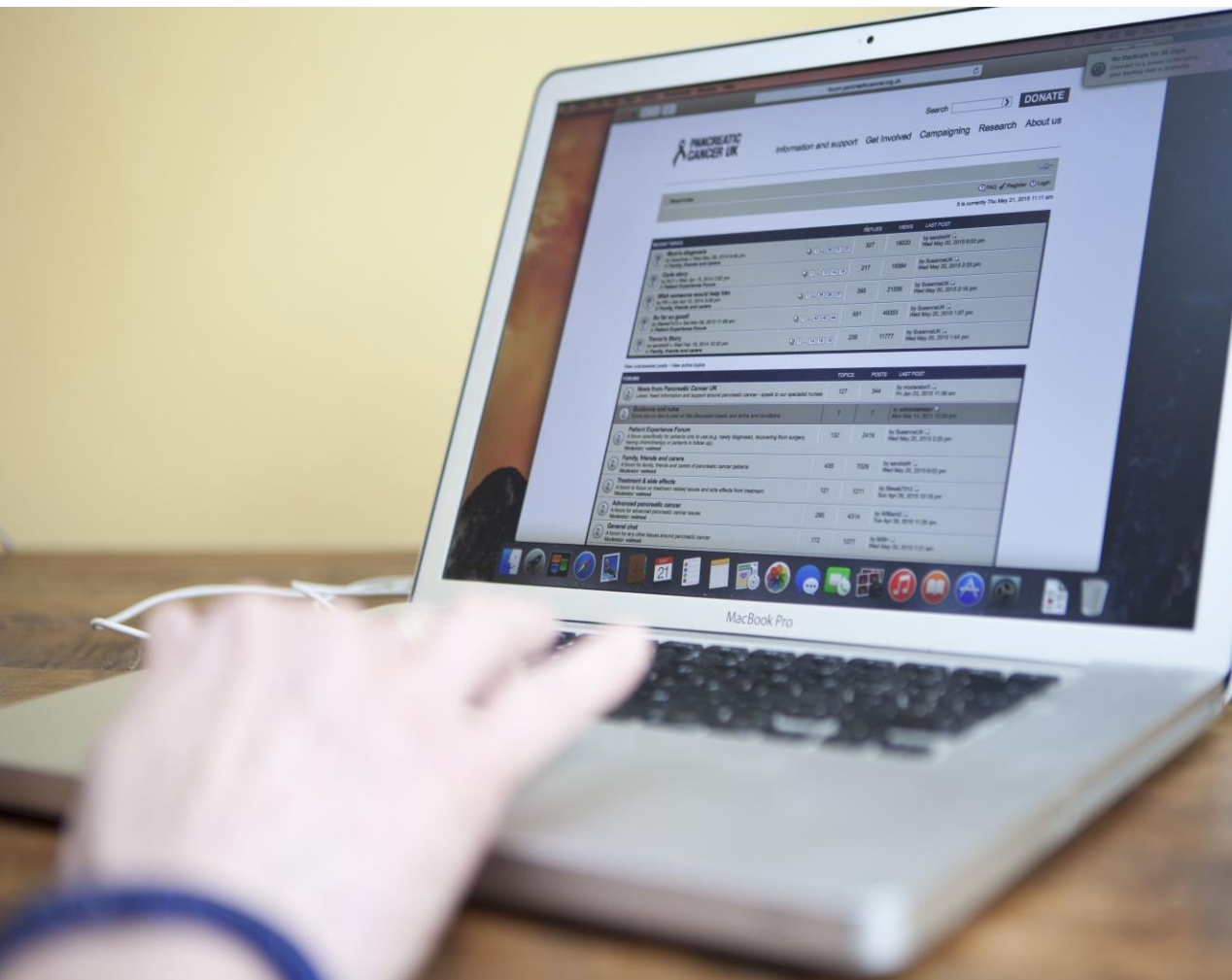
## **Dedicated Support Line**

We are here to support and listen. Our free and confidential Pancreatic Cancer UK Support Line is a lifeline for thousands of patients, families and friends. Our specialist nurses understand the issues you might be facing and will support you in coping with pancreatic cancer.

**0808 801 0707**

**Weekdays 10am - 4pm**

**[nurse@pancreaticcancer.org.uk](mailto:nurse@pancreaticcancer.org.uk)**



## Online Forum

We are here so you can share. The Pancreatic Cancer UK Forum is a supportive place where everyone affected by the disease can be there for each other online any time of the day or night.

[forum.pancreaticcancer.org.uk](http://forum.pancreaticcancer.org.uk)

“received excellent support from the members of the forum”



## We're here with the information you need

We have the most up-to-date information on everything you need to know about pancreatic cancer through our website and publications. We can help you every step of the way through diagnosis and treatment options, to managing symptoms and the care you receive.

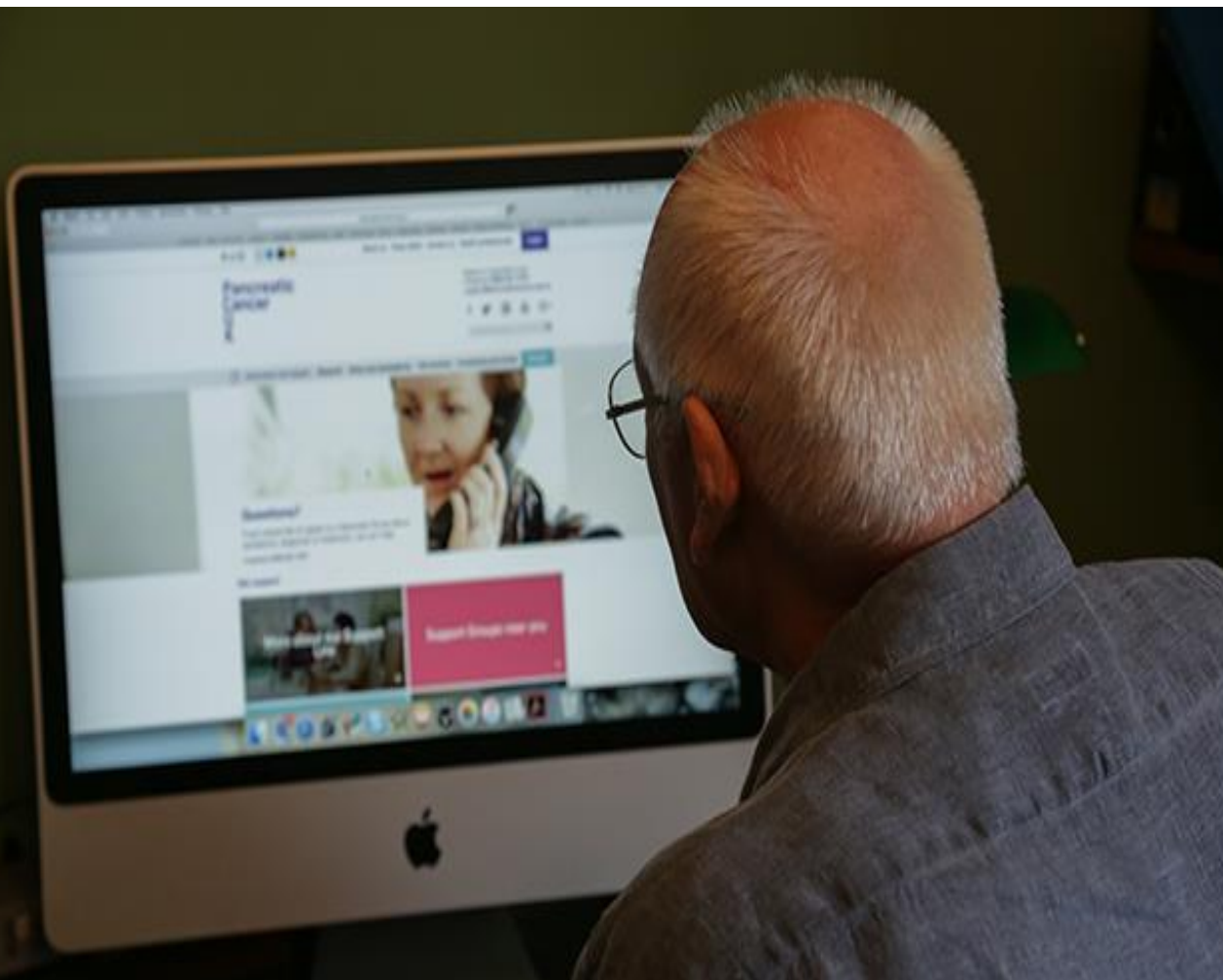
You can read the information online, or order the publications to be delivered to your home.

[pancreaticcancer.org.uk/publications](https://pancreaticcancer.org.uk/publications)



## Newly Diagnosed Pack

Developed to be discreet in its appearance but contain a wealth of information and access to support for those recently diagnosed.



## Our website

Access to information and support. Feel free to explore our real life stories, order or download our publications, visit our Forum, use our Clinical Trial Finder, or find out how you can get involved with the charity.

[pancreaticcancer.org.uk](http://pancreaticcancer.org.uk)



## **Real life stories**

Invaluable source of information and support, written by people with direct experience of pancreatic cancer.

“Being able to read other peoples experiences and thoughts has been a comfort to me and has helped me to feel stronger to get the best help for dad.”

These are some of the symptoms that can indicate a problem with your pancreas, such as pancreatic cancer.

Abdominal (tummy) pain which can spread to the back

Unexplained weight loss and loss of appetite

Jaundice (yellow skin or eyes)

Oily floating poo

Indigestion



If you have jaundice you should go to your GP without delay. If you have any of the other symptoms and they are unexplained or persistent (lasting 4 weeks or more), visit your GP. Remember, these symptoms can be signs of other conditions and may not be pancreatic cancer.

Contact the Pancreatic Cancer UK Support Line

☎ 0808 801 0707 freephone weekdays 10am-4pm

✉ [support@pancreaticcancer.org.uk](mailto:support@pancreaticcancer.org.uk)

## Increased awareness

We are promoting awareness of the symptoms of pancreatic cancer so that we may raise a greater understanding and look to highlight to those who may have concerns.

Our dedicated support line is there to answer any questions.